

Regardless of your nationality, legal or immigration status, you have the right to health care

Your rights are not quarantined.

Health care services during pregnancy, delivery and postpartum are a priority. You must take extreme precautions against COVID-19 and when you return to the new normality:

- ▶ Ask the health staff when and to which health unit you should go for your prenatal visits.
- ▶ Coordinate with the health staff and your support network where your birth will be attended.
- ▶ Go to the nearest medical unit if you have warning signs such as: bleeding or fluid leaking from the vagina, severe headache, blurred vision, ringing in the ears, swelling of the face, hands, and feet, pain in the pit of the stomach, high fever or seizures
- ▶ If your baby was just born and is healthy, try not to expose yourself to the spread, but take your child for a neonatal screening test and remember that you both need to continue with your medical appointments.

Check out more information on the Internet at coronavirus.gob.mx/salud-materna or call the 800 MATERNA Line (800 6283762)



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